

ARIA

LEADERSHIP

Weekend Immersion

FACILITATED BY
DR. SOUSAN ABADIAN



ABOUT THE WORKSHOP

We are being called to create our lives and our world by design, less by default, and to live the fullest version of ourselves. Do you look in the mirror and feel something is missing in your life?

Join us for this life-changing weekend immersion. Receive powerful tools to imagine and then realize even grander possibilities for yourself, your family, your organization, and your community. Understanding the ARIA principles is a game-changer.

“There is no passion to be found playing small,” Nelson Mandela told us, “in settling for a life that is less than the one you are capable of living.” Live life larger, bolder, lighter, now more than ever. It would be so easy to contract in fear and limitation, to become swept up in seeing ourselves as victims of circumstances beyond our control. Instead, step up, take a risk, and learn to become the creator-leader you were meant to be: We are the ones we’ve been waiting for.

Who this weekend immersion is not for: People uninterested in exploration, expansion, and excellence. People attached to identifying themselves as victims of circumstances. People resigned to living in fear, who seek certainty above all else.

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A

Access a higher and expanded **AWARENESS**, free yourself from limiting narratives and connect with your deeper aspirations

R

Take **RESPONSIBILITY** for consciously sculpting a life and a legacy you will love regardless of current circumstances

I

Utilize **IMAGINATION** to envision what feels inspiring and meaningful in your professional and personal life, and step into that vision

A

Take insight-filled **ACTION** in order to manifest these aspirations into reality

ABOUT SOUSAN

As your guide, I am a Harvard-educated leadership expert and personal development coach with decades of experience working in the context of collective trauma. I have also had the privilege of learning from some of the most powerful wisdom traditions, spiritual teachers, and healing modalities.



"ARIA IS A COHERENT
THEORY OF CHANGE &
BEST PRACTICES,
DESIGNED FOR SOCIAL &
HEALING ENTREPRENEURS
TO CREATE A NEW
REALITY EVEN IN THE
FACE OF WHAT MIGHT
SEEM IMPOSSIBLE"