

Testimonials from Sousan Abadian's Inner Child Retreat



I first heard Sousan speak at The Weekend University on Post Traumatic Growth and was in awe. I knew I wanted to learn more from her and it wasn't long before an opportunity to do so arose. As someone who has done a considerable amount of personal development, I went into the inner child retreat with no expectations of any major breakthroughs. How wrong was I! Sousan led an intimate group through the most gentle, beautiful and deep experiences. Holding the space with so much poise, wisdom and heart. She was supportive all throughout the process and in between the two sessions, making sure all questions and needs were met. I personally loved the mix of meditations, spiritual practices and journaling, making it a truly holistic experience of mind, body, spirit. I would highly recommend it and look forward to continuing to work with Sousan.

—Alexandra Galviz, Content Creator & Coach

It was such a gift to be a participant on Sousan's inner child retreat. The safe space she created was truly beautiful, allowing us as a group to experience a collective intimacy and openness. Sousan's guidance, wisdom and love gave me the space and structure to uncover some deep insights about my inner child, to more fully know who I am and my untapped potential. I felt the session spoke to my heart, allowing my heart space to be felt and to be heard. I cannot recommend this retreat highly enough for those of you that want to experience some deep learning in a very safe and loving space.

—Tracey McEachran, Director of Curious Minds Consulting
